Summer Food Service Program Fact Sheet

Description: Since 1984, the Houston Parks and Recreation Department has sponsored The Summer

Food Service Program for youth that consist of distributing thousands of well-balanced nutritious FREE lunches and snacks during 12 weeks when school is out. This is a federally funded program coordinated by the Texas Health and Human Services Commission – Special Nutrition Programs. In 2006, a total of 1,300,000 meals were

served and in 2005, a total of 1,259,000 meals were distributed.

Who Benefits: The Summer Food Service Program is for youth ages 1 to 18, served Monday through

Friday, from 11:00 a.m. to 1:00 p.m., followed by a healthy snack served between 3:00

p.m. and 4:00 p.m.

Sites: In 2006, approximately 360 sites were points of distribution for the Summer Food Service

Program including churches, apartment complexes, learning centers, youth organizations

and Houston Parks and Recreation Department community centers.

Lunch Content: Nutritional lunches rotated every 12 days, prepared and delivered daily to each site,

follow the federal and state requirements consisting of one serving of milk; two or more servings of vegetables and/or fruits; one serving of grain or bread and one serving of

meat or meat alternate.

Steps to A Request to Participate Form must be completed and returned before the program begins. Obtain this form at the Department's Summer Food Service Program Office.

<u>Site Selection Visits</u> are required to determine that site locations have the facilities to provide meal service for the anticipated number of participants in attendance and the

capability to conduct the proposed meal service.

A Site Supervisor's Training Session must be attended by site staff before the Summer

Food Service operation begins. A manual is provided.

<u>Sites</u> are visited by the Summer Food Service Staff at least once during the first week to ensure a smooth operation and verify information. Site visits are also performed

unannounced by City and State officials.

Sites are reviewed by Summer Food Service Staff at least once during the first 4 weeks

of program operation to review and discuss its progress.

Cost: Free for youth. Site Supervisors maintain accurate records of meals that are served. No

billing or food preparation is involved.

Information: Contact Sheila Pous at 713-676-6832 or by e-mail to sheila.pous@cityofhouston.net

2/07



Houston Parks and Recreation Department

2999 S. Wayside Drive Houston, Texas 77023

Information (713) 845-1000 www.houstonparks.org

SUMMER FOOD SERVICE PROGRAM REQUEST TO PARTICIPATE 2007

Registration Deadline: Apr. 13, 2007

Agencies wishing to participate in the Summer Food Service Program sponsored by the City of Houston Parks and Recreation Department are required to complete this pre-application process. Your **Request to Participate** will be evaluated and your agency will be notified of approval or denial. If your Request to Participate is approved, a Pre-Operational Visit of your site will be scheduled. A Site Application to the Texas Department of Human Services will be completed and submitted for final approval.

E-mail address
Mailing Address of Agency
Daytime Phone Number & Fax Number
Nearest School to your site
address of the facility used for the operation provide the following information:
Physical Address of Facility
evious years? Yes No
I service program a minimum of 4 weeks), ing.
Tuesday, May 29, 2007
Friday, August 17, 2007
Monday – Friday
ram a minimum of 4 weeks and must call ite Review has been completed.
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ng?

Please fax back to us at: 713-676-6836 or mail to the address below: City of Houston Parks and Recreation Department/Summer Food Service Program 2999 S. Wayside Drive, Houston, Texas 77023 – Information: 713-676-6832.